Support available in Godalming during the current pandemic.

Updated 18/4/2020

- To make a claim for Universal Credit visit <u>www.gov.uk</u>
- www.turn2us.org.uk is a national charity which has a very useful 'Benefits Calculator' to enable you to find out which benefits you may be entitled to.
- 100s of ideas for play and activities at <u>https://thegreenparent.co.uk/articles</u> /read/lockdown-life-savers

National Help

- Keeping children safe online <u>https://nspcc.org.uk/keeping-children-</u> <u>safe/online-safety/</u>
- Supporting families living with loss <u>https://www.childbereavementuk.org/supporting</u>
 <u>bereaved-children-and-young-people</u>
- National Domestic Abuse Helpline Tel. 0808 2000 247
- For mental health support <u>www.mind.org.uk</u>

National Help

Local Help

Loseley Fields Family Centre offers support for families.

Click on the link below for more information:

<u>https://www.surreycc.gov.uk/people-and-</u> <u>community/families/support-and-advice/family-</u> <u>centres/locations/waverley</u>

Local Help

• Godalming Town Council (GTC)

https://godalming-tc.gov.uk/

This has a wealth of up-to-date information: local support, volunteering and governmental advice on how to stay safe.

Godalming Community Helpline run by GTC Tel. 0300 200 1008

 Godalming & Farncombe Community Corona Virus Assistance facebook page, set up and run by the public, supported by GTC:

https://www.facebook.com/groups/48958071858 5997/

Food Bank

- St Mark's Godalming Foodbank run by St Mark's Church & Community Centre provides emergency food parcels for individuals and families in crisis for 3 – 5 days
- Access to the Foodbank is normally through referrals from professional agencies, e.g. by health professionals, schools, local police and community/voluntary organisations.
- Opening Times: Mon Wed 10am to 2.00pm and Thursday 11am -1.30pm.
- Telephone Karen Milton on 01483 418741 during the above times if you have a referral note, wish to donate, or have any questions.
- If you phone and there is no reply, please leave your number and a message and Karen will phone you back as soon as possible.
- For further information see <u>http://www.parishofgodalming.org.uk/our-church-of-st-</u> <u>marks/food-bank/</u>



Community Store

- This Community Store is a temporary measure during the current coronavirus pandemic to supplement the work of the St Mark's Foodbank. See <u>https://godalming-tc.gov.uk/community-store/</u>
- To visit the store either call the Town Council on 01483 523575 (Mon - Fri excl. bank holidays) or email <u>office@godalming-tc.gov.uk</u>
- You will be given a time slot to visit the store (please mention when contacting us whether you are shielding or self-isolating). This is to protect both yourself and the volunteers working at the store.
- The store is located at the **Wilfrid Noyce Centre**, Crown Court Car Park, Godalming, and is open Monday to Friday from 10.30am to 12.30pm (excl. bank holidays).
- If you are unable to pick up from the store, please call St Mark's Food Bank on 01483 418741 Mon-Wed 10am-2pm, Thurs 11am – 1.30pm.

Local companies offering noncontact shopping

- Cheesman Brothers: fruit and veg/dairy products (free delivery for orders over £20)
 Tel. 01483 506470
- Amy Lou greengrocers: fruit and veg boxes (free delivery for orders over £30)
 Tel. 07878 1214361
- Underwoods butchers: meat products (free delivery over £40)
 Tel. 01709 789 100
- Wakelings butchers: meat products (free delivery) Tel. 01483 417 557

All the above suppliers have varied opening hours/days. Check on websites for full services offered.

Concerns

- If you are a parent of a child with additional needs and have concerns for your child, you may be able to talk to an Educational Psychologist by calling the Surrey County Council hotline on a Wednesday 1pm 4pm: Tel. 01483 517179
- If you have concerns about the safety of a child or adult please see the website of Surrey Multi Agency Safeguarding Hub (MASH) below. If it is an emergency where there is immediate risk call 999.

<u>https://www.surreycc.gov.uk/social-care-and-health/concerned-for-someones-safety</u>