Waverley Group - Activities, Events & Support

Many events listed require booking & prices may change.

<u>Children's Groups – Additional Needs</u>

- 1. **Little P's (Little Portesberries)** Fridays 10-12 (term time) A stay and play session for children with additional needs in Mychett, Surrey. (Please see flyer for more details).
- 2. **Guildford SENDsory Play** (Mondays 10-11:30) A sensory play session for children with additional needs from birth to 5 years old. Professionals from Early Support, SEES and physiotherapists regularly attend (Booking essential, please see flyer for more details).
- 3. Suzie Songtime Sings & Signs Imaginative music and movement sessions for children with additional needs and their families. Saturday sessions at Tower Road venue in Hindhead on alternate Saturday mornings (Cost £4 per family). https://www.suziesingsandsigns.co.uk/
- 4. Home-Start Waverley Groups Families need to self-refer to Home-Start Waverley before attending a group. Groups are primarily for children under the age of 5. Groups run in Godalming (Tuesdays 10-11.45am term time), Cranleigh (Tuesdays 12.45-2.12pm term time), Farnham (Wednesdays 10-11.30am & Thursdays 10-11.30am term time) and Haslemere (Thursdays 12.45-2.15pm term time). https://homestartwaverley.org/

Children's Group - Other

- Molly Moocow Music & movement classes in Midhurst, Haslemere, Godalming and Liphook for children from 4 months to 5 years. Baby class suitable from 5 months, Toddler class suitable from 18 months (Bookings & prices online). http://www.mollymoocow.com/
- 2. Monkey Music Baby & toddler classes. There are 4 stages of classes, tailored specifically to the needs of babies, toddlers & pre-school children. Run in a number of locations including Guildford, Godalming & Shalford. https://www.monkeymusic.co.uk/area/guildford-godalming-shalford

Weekend Activities

- 1. List of holiday activities for children with a special educational need or disability: https://www.surreycc.gov.uk/people-and-community/families/send-support/holiday-activities
- 2. Surrey Disabled Clubs, Groups and Support https://www.ableize.com/disabled-groups-and-clubs-by-county/surrey/
- 3. White Lodge Sunday Club Weekend club for children aged 4-12 based in Elmbridge: https://www.whitelodgecentre.co.uk/what-we-do/children-and-young-people/play-and-youth-clubs/sunday-club
- Challengers: Playschemes for children aged 4-12: https://disability-challengers.org/what-we-do/playschemes/guildford/
- 5. Head 2 Head Theatre _ Provides multi-sensory theatre experiences and shows to young people with special needs and learning disabilities: https://mailchi.mp/head2headtheatre/dick-whitt-nov-21-families?e=8dbbf7ee3e

6. National autism friendly cinema screenings:

https://dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/

7. **Wheels For All** - Cycling sessions with a good range of adapted bikes: https://cycling.org.uk/locations/woking-wheels-for-all

- 8. **Thames Valley Adventure Playground_** Children with Special Needs Saturday Opening Times (0930-1130 / 1200-1400 / 1430-1630) You can either book a single or double session. https://www.tvap.co.uk/
- LinkAble welcomes children with learning disabilities from 5 years old in Woking. Activity
 sessions for children and young people run on Saturdays and evenings during term time on
 weekdays. They also run a playscheme during the school holidays.
 https://www.linkable.org.uk/pages/7-kids-teens
- 10. **Riding for The Disabled** RDA in the South East provides equestrian therapy, challenges and fun to over 2,000 riders of all ages with varying disabilities.

https://www.rda-southeastregion.org.uk/how-we-can-help-you/find-a-group http://www.cranleighrdagroup.co.uk/riding/term-dates/ (Cranleigh Group)

Events, Support & Information

 Caleidoscope – Run events for families with autistic children, support, training for parents as well as inclusive classes for children such as Art and Lego: https://caleidoscope.org.uk/what-s-on/families.html

2. **Guildford Family Centre** – run a number of courses and offer some parent and family advice sessions:

https://guildfordnscc.surrey.sch.uk/our-family-centre/our-calendar/https://guildfordnscc.surrey.sch.uk/our-family-centre/services-offered/

Tel: 01483 510570

3. **SCAMPPS** – A charity for children with complex and special needs. They host events and have a very useful mailing list:

https://scampps.org.uk/register/ (To register for the mailing list)
https://scampps.org.uk/resources/support-and-info-groups/

 Surrey Local Offer – Provides information for children and young people with special educational needs and disabilities (SEND) https://www.surreylocaloffer.org.uk/

5. **Surrey Family Information Service** – Find registered childcare, family activities, holiday clubs and support groups:

https://www.surreycc.gov.uk/people-and-community/families

Action for Carers Surrey – Offer a Carer Helpline for advice, information and just a friendly chat. In addition, they run a number of support groups and events. To register online:
 https://www.actionforcarers.org.uk/register-with-us/
 https://www.actionforcarers.org.uk/how-we-help/

7. **Contact** – For families with disabled children. They offer information, advice, workshops & events:

https://contact.org.uk/help-for-families/information-advice-services/early-years-support/https://contact.org.uk/help-for-families/workshops-and-events/workshops/early-years-workshops/#encouraging-positive-behaviour

- 8. **Family Voice Surrey** Family Voice Surrey champions the needs and rights of SEND families in Surrey up to the age of 25.
 - Autumn and winter events include a 'Dads Chat', 'General coffee, Global Developmental Delay and chat' and a 'Restrictive Food Intake Group'.
 - https://www.familyvoicesurrey.org/single-post/autumn-and-winter-events-for-your-diary https://www.familyvoicesurrey.org/become-a-member (To sign up to the mailing list)
- 9. **Home-Start** They provide support to families with children under the age of 5. They run groups and a volunteer service. A volunteer can visit you regularly for 2-4 hours a week in your own home. Volunteers are there to offer emotional and practical support.

https://homestartwaverley.org/support/ (Home-Start Waverley)

https://hsguildford.org.uk/ (Home-Start Guildford)

10. **The National Autistic Society** (Surrey Branch) – Offer support, downloadable resources, groups & courses for parents:

https://nassurreybranch.org/resources/

https://nassurreybranch.org/services-for-adults/

https://nassurreybranch.org/nas-clubs-for-children/

11. YMCA East Surrey

https://www.ymcaeastsurrey.org.uk/children/disability-activities/

Other - Helplines & Information

- 1. **Childcare Service Helpline** Able to answer all questions in relation to applying for Tax-Free Childcare. Tel: 0300 123 4097 (Open Monday to Friday 8am-6pm).
- 2. **Disability Living Allowance** (DLA) Helpline Tel: 0800 121 4600
- 3. Carer's Allowance https://www.gov.uk/carers-allowance
- 4. Universal Credit https://www.gov.uk/universal-credit
- 5. **Blue Badge -** https://www.surreycc.gov.uk/roads-and-transport/parking/blue-badge/apply-or-renew
- 6. Childcare Finder -

https://familyinformationdirectory.surreycc.gov.uk/kb5/surrey/fsd/childcarefinder.page

7. Mindworks Surrey –

Out-of-hours phone line to provide advice to parents and carers who are struggling with behaviours or difficulties which could be related to neurodevelopmental need, such as autism or ADHD (Runs from 5pm until 11pm) Tel: 0300 222 5755.

https://www.mindworks-surrey.org/our-services/neurodevelopmental-services/out-hours-advice-line

<u>Health</u>

- Child and Family Health Surrey For any questions about your child's health and development, or you can call the 0-19 advice line on 01883 340922. https://childrenshealthsurrey.nhs.uk/
- 2. **Occupational Therapy Helpline** (open 2-4pm Tuesdays & Thursdays) Tel: 07974 230554
- 3. Occupational Therapy Video Workshops -

https://childrenshealthsurrey.nhs.uk/services/occupational-therapy/video-workshops

4. Advice Sheets -

https://childrenshealthsurrey.nhs.uk/services/occupational-therapy/advice-sheets

Grants & Equipment Loans

- 1. **Family Fund** A charity offering grants & support to disabled children living in the UK on low incomes. Families can apply for family breaks, household items, computers and tablets, clothing and much more. For more information:
 - https://www.familyfund.org.uk/FAQs/how-do-we-apply
- 2. **Newlife** Offer equipment grants and free loans of specialist toys to families who have disabled children:
 - https://newlifecharity.co.uk/equipment-grants/

Other – Accessible Walks

- RHS Wisley Very accessible to all: https://www.rhs.org.uk/
- 2. **Alice Holt** Accessible walking trails and café open for food and drinks: https://www.forestryengland.uk/alice-holt-forest
- 3. **Box Hill** Address: The Old Fort, Box Hill Road, Tadworth, Surrey, KT20 7LB. A variety of walks available, there is an accessible walk along the North Downs Way for pushchair and wheelchair users. Parking is chargeable, there are toilets and takeaway café facilities. https://www.nationaltrust.org.uk/box-hill